



**IBRA** International Bone  
Research Association

## Program



### IBRA Seminar and Workshop

# Fractures of the Wrist: Open Reduction and Internal Fixation

February 18 – 20, 2016

Larissa / Greece

Medical School of the University of Thessaly

- Department of Orthopaedic Surgery and Musculoskeletal Trauma
- Department of Anatomy

#### Chairmen

Prof. Dr. Konstantinos N. Malizos  
Prof. Dr. Hermann Krimmer



## Foreword

Dear Friends and Colleagues

Fractures and injuries of the complex wrist joint are common injuries which may render the hand nonfunctional. Stable fixation of wrist fractures is very important as it allows early and safe mobilization of tendon and joints, aiming at full and painless range of motion and unrestricted hand function.

A variety of surgical approaches and techniques have been described for the most efficient performance of the indicated procedure.

This Seminar will focus on the basic function of the wrist joint, the techniques to fix the fracture, the techniques to address malunions and nonunions and the salvage procedures. The workshop on fresh cadavers will certainly improve understanding and further develop your skills on these surgical techniques. Highly experienced faculty will be available during the entire Seminar to answer all questions and concerns.

Larissa, where the Seminar is held, hosted Hippokrates, the father of modern Medicine during the last years of his life. He has taught students, treated patients, died and was buried here. His grave is one of the many monuments and sites in the city that visitors can enjoy. The University of Thessaly in Larissa is an acknowledged Center of Excellence for Hand Surgery and Microsurgery granted by FESSH the privilege to train Hand Fellows in Surgery. We are proud to host this IBRA Seminar and Workshop in Larissa.

We are looking forward to welcoming you.



Prof. Dr.  
Konstantinos N. Malizos



Prof. Dr.  
Hermann Krimmer

# Faculty

(In alphabetical order)

## ORGANIZING COMMITTEE

Presidents:

Krimmer Hermann

Malizos N. Konstantinos

Members:

Arvanitis Dimitrios

Dailiana Zoe

Hantes Michael

Karachalios Theofilos

Varitimidis Sokratis

Zibis Aristeidis

## SCIENTIFIC COMMITTEE

President:

Pezzei Christoph, AUVA Wien / UKH Lorenz Böhler

Members:

Apergis Emmanuel

Ditsios Konstantinos

Givissis Panagiotis

Kontogeorgakos Vasilios

Vekris Marios

## Thursday – February 18, 2016



<b>9:15 – 9:45</b>	<b>Registration</b>	
9:45 – 10:00	Welcome and Introduction	<i>K. N. Malizos H. Krimmer</i>
<b>10:00 – 12:00</b>	<b>Session I: Wrist Part I</b>	<b><i>Ch. Pezzei</i></b>
10:00 – 10:15	Biomechanical considerations	<i>A. Zibis</i>
10:15 – 10:30	Acute scaphoid fractures	<i>Z. Dailiana</i>
10:30 – 10:45	Scaphoid nonunion	<i>K. N. Malizos</i>
10:45 – 11:00	Failed scaphoid repairs	<i>K. Ditsios</i>
11:00 – 12:00	Case discussions	<i>Faculty / All</i>
<b>12:00 – 12:30</b>	<b>Coffee Break</b>	

## Thursday – February 18, 2016



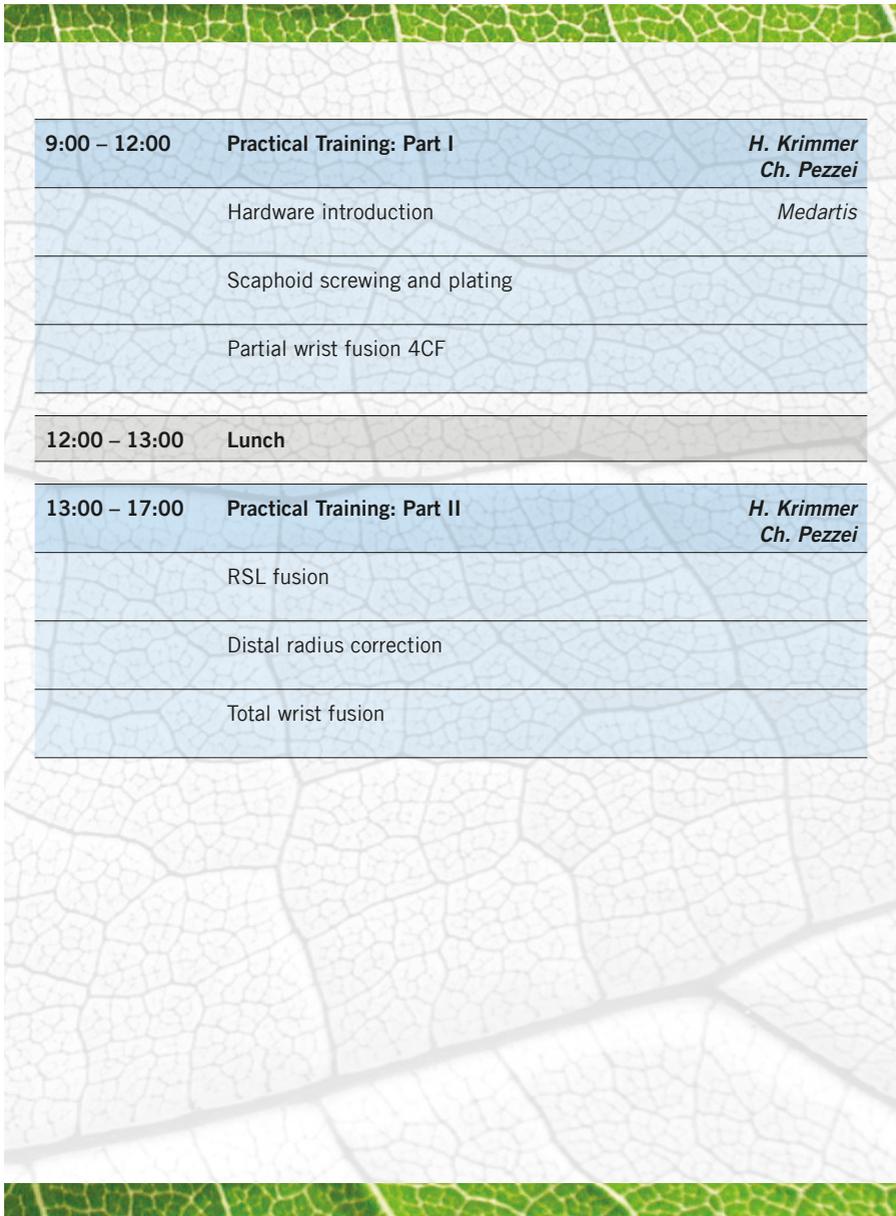
<b>12:30 – 13:30</b>	<b>Session II: Wrist Part II</b>	<b>Z. Dailiana</b>
12:30 – 12:45	Salvage procedures. Proximal Row Carpectomy and Four-Corner Fusion	<i>H. Krimmer</i>
12:45 – 13:00	Arthrodesis of the wrist	<i>P. Givissis</i>
13:00 – 13:30	Case discussions	<i>Faculty / All</i>
<b>13:30 – 14:30</b>	<b>Lunch</b>	
<b>14:30 – 15:30</b>	<b>Session III: Distal Radius Part I Acute Management</b>	<b>K. N. Malizos</b>
14:30 – 14:45	Distal radius fractures	<i>M. Vekris</i>
14:45 – 15:00	Volar plating	<i>V. Kontogeorgakos</i>
15:00 – 15:30	Case discussions	<i>Faculty / All</i>
<b>15:30 – 16:00</b>	<b>Coffee Break</b>	

## Thursday – February 18, 2016



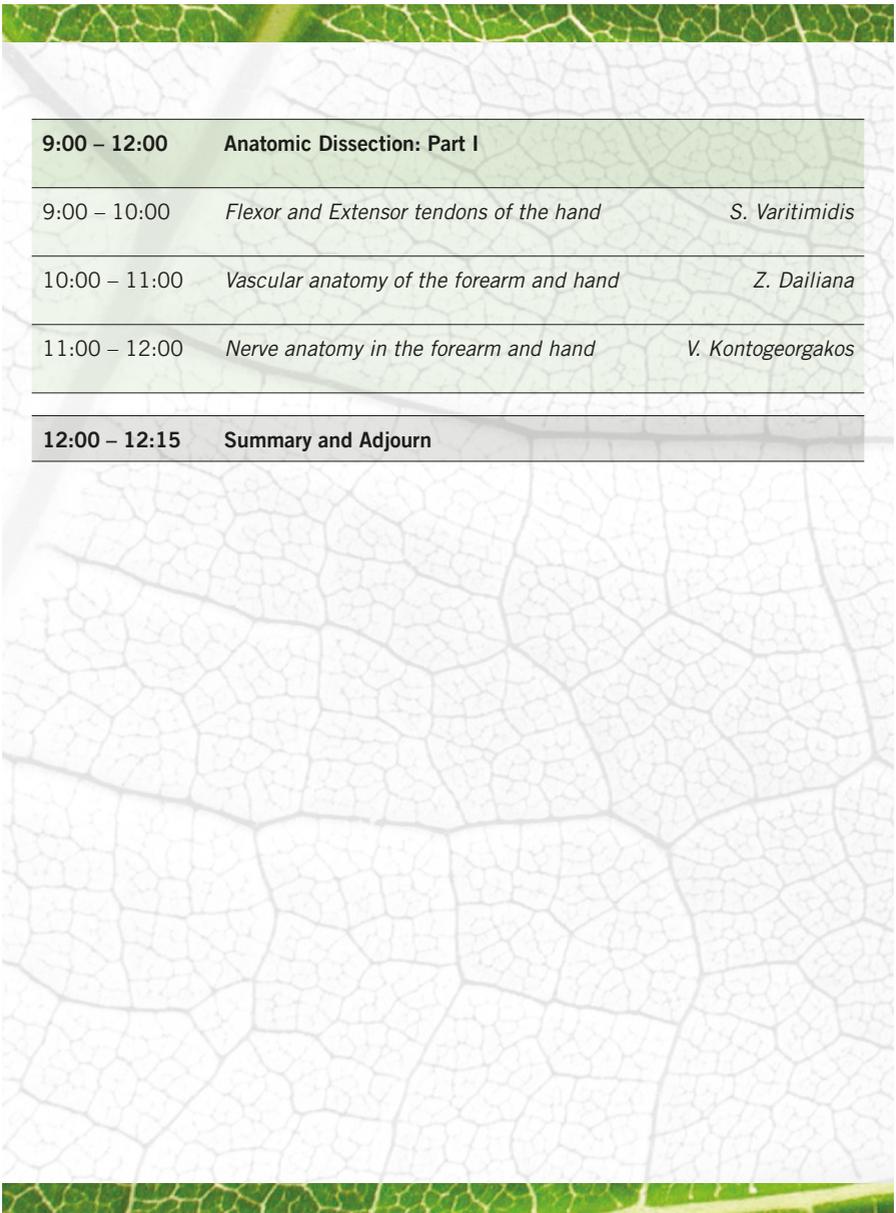
<b>16:00 – 17:30</b>	<b>Session IV: Distal Radius Part II Salvage Procedures</b>	<b><i>H. Krimmer</i></b>
16:00 – 16:15	Salvage procedures around the DRUJ	<i>S. Varitimidis</i>
16:15 – 16:30	Malunions	<i>E. Apergis</i>
16:30 – 16:45	Radiocarpal arthrodesis	<i>Ch. Pezzei</i>
16:45 – 17:30	Case discussions	<i>Faculty / All</i>

## Friday – February 19, 2016



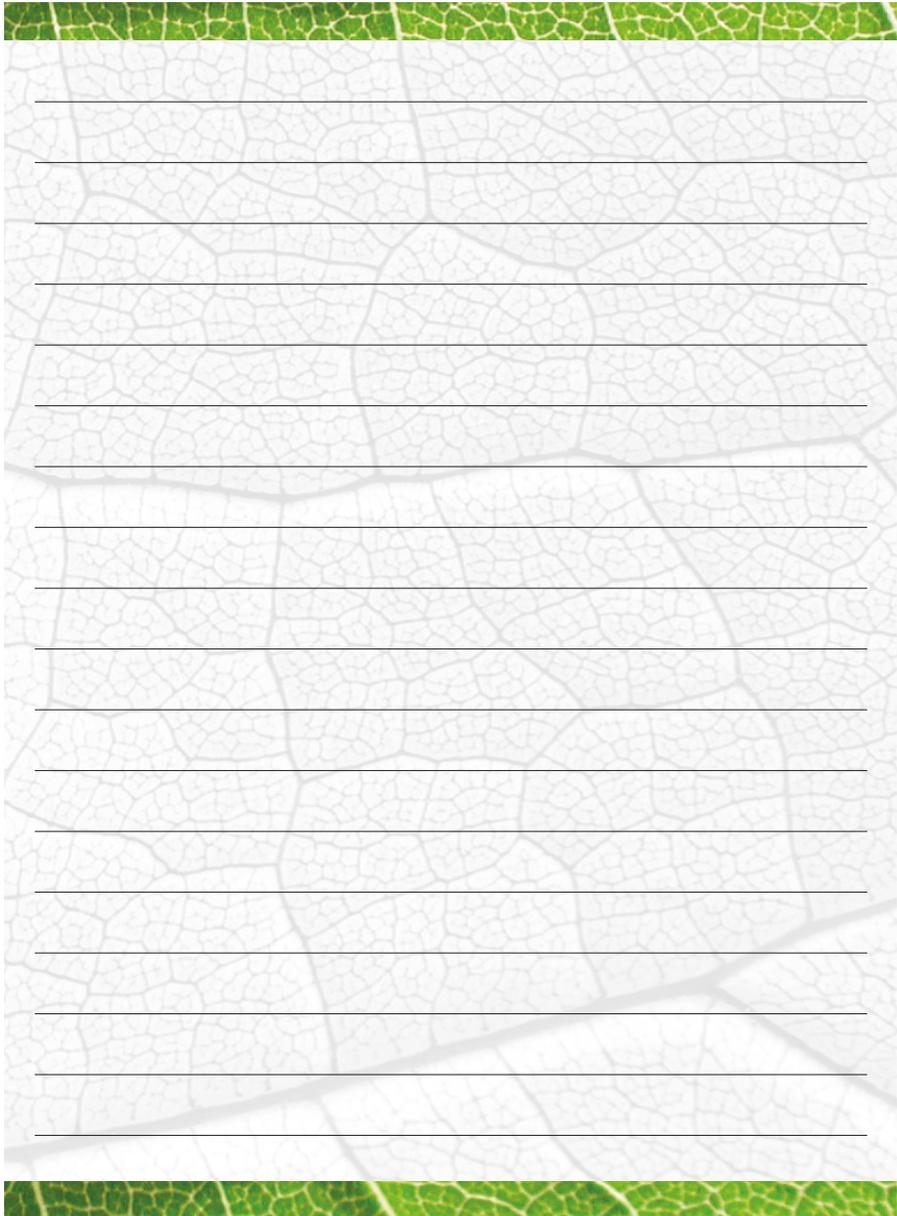
<b>9:00 – 12:00</b>	<b>Practical Training: Part I</b>	<b><i>H. Krimmer Ch. Pezzei</i></b>
	Hardware introduction	<i>Medartis</i>
	Scaphoid screwing and plating	
	Partial wrist fusion 4CF	
<b>12:00 – 13:00</b>	<b>Lunch</b>	
<b>13:00 – 17:00</b>	<b>Practical Training: Part II</b>	<b><i>H. Krimmer Ch. Pezzei</i></b>
	RSL fusion	
	Distal radius correction	
	Total wrist fusion	

## Saturday – February 20, 2016



<b>9:00 – 12:00</b>	<b>Anatomic Dissection: Part I</b>	
9:00 – 10:00	<i>Flexor and Extensor tendons of the hand</i>	<i>S. Varitimidis</i>
10:00 – 11:00	<i>Vascular anatomy of the forearm and hand</i>	<i>Z. Dailiana</i>
11:00 – 12:00	<i>Nerve anatomy in the forearm and hand</i>	<i>V. Kontogeorgakos</i>
<b>12:00 – 12:15</b>	<b>Summary and Adjourn</b>	

# Notes



## General Information

### Executive Committee

Chairmen: Prof. Dr. Konstantinos N. Malizos  
Prof. Dr. Hermann Krimmer

Scientific Committee: Prof. Dr. Sokratis Varitimidis

### Official Language

The official congress language is English. No simultaneous translation will be available and all correspondence will be in English.

### Sponsored by

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info@dmps.gr, www.dmps.gr



### Registration, Information, Organization, Accommodation



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ATHENS: Zalokokosta 44 & L. Kifisias, Halandri, P.C. 152 53  
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For detailed information please visit  
[http://www.ibraortholarissa.gr/index\\_en.html](http://www.ibraortholarissa.gr/index_en.html)

### Hotels

Hotel Divani Palace Larissa  
19, Papanastassiou Str,  
412 22 Larissa - Greece

Larissa Imperial  
Grecotel Partner Hotel  
182, Farsalon Street  
GR 413 35 Larissa, Greece

### Meeting Venue

Larissa / Greece  
Medical School of the University of Thessaly  
• Department of Orthopaedic Surgery and Musculoskeletal Trauma  
• Department of Anatomy

## General Information

### Registration Fees

IBRA Members	EUR 440	Non Members	EUR 500
Residents	EUR 300	Theoretical Part	EUR 100

**Registration Deadline:** February 8, 2016

### Registration includes:

Attendance to all scientific sessions of the Conference / Attendance to workshops / Visiting the Exhibition Area / Printed Conference Material / Certificate of Attendance / Participation in Coffee Breaks and Light Meals

For workshops, priority order will be followed.

### Online Registration

Immediately after submitting the online registration, you will receive by e-mail an automated message confirming the proper submission of your registration. If you do NOT receive this Confirmation e-mail, your registration has NOT been submitted successfully and you will have to re-file the Registration Form or contact the PCO to settle the situation.

Note: Your registration will be completed only until proof of payment is received by the Secretariat.

### Modes of payment

#### 1) BANK TRANSFER

Bank: Piraeus

Bank Account No: 6867-135502-117

IBAN: GR23 0171 8670 0068 6713 5502 117

SWIFT CODE: PIRBGRAA

Holder: ELENI MAKROKANI

When depositing the fee do not forget to mention:

Participant's full name + Reason for payment (ibra seminar)

All bank charges are borne by the depositor.

#### 2) CREDIT CARD (MASTERCARD, VISA or AMERICAN EXPRESS)

Direct on-line registration and payment is recommended.

### Cancellation Policy

For written registration cancellations submitted to the PCO/Secretariat:

- Until 11/01/2016: there will be 50% refund of the registration fee
- From 12/01/2016: there will be no refund

Cancellations by telephone will not be accepted. In case of cancellation of registration, the refund of the fee will be settled within 30 days after the end of the Conference.



## Meeting Venue



The Faculty of Medicine was founded in 1985, welcoming the first students in the academic year 1990-1991. Since its foundation it has earned a distinguished reputation, nationally and internationally, for its quality of teaching and research. It has been the first faculty established since the opening of the School of Health Sciences at the University of Thessalia, it has been autonomous since 1995 and operating in the city of Larissa.

Approximately 100 students are enrolled in the undergraduate programme of the School per year, with a total number of students of 700.

The premises of the Faculty of Medicine include laboratories for pre-clinical study, teaching rooms, auditoria, and administrative services quarters, all of which are situated in the new building of the Faculty of Medicine in Biopolis, with the University Hospital of Larissa close by, in the refurbished former “Katsigra Clinic” at Tachydromiou Square.

The clinic units are located at the University Hospital of Larissa, with 643 beds – 350 recently developed.

The application of modern technology and the recently constructed library, which holds extensive collections of current and historical materials on Medicine, add to the already developed educational activities of the Faculty of Medicine new research and diagnostic potentials.

## General Information

### **Disclaimer and Waiver**

I understand that the material presented in this educational program (the “Program”) has been made available under sponsorship of IBRA (International Bone Research Association) for educational purposes only. This material is not intended to represent the only, nor necessarily the best, method or procedure appropriate for the medical situations discussed, but rather is intended to present an approach, view, statement or opinion of the faculty that may be of interest to others.

As a condition of my participation in the Program, I hereby (i) waive any claim I may have against IBRA and its officers, directors, employees, sponsor, agents, or against the presenters or speakers, for reliance on any information presented in the Program; and (ii) release IBRA, its officers, directors, employees, sponsors and agents, as well as the presenters and speakers, from and against any and all liability for damage or injury that may arise from my participation or attendance at the Program.

I further understand and agree that no reproduction of any kind, including photographs, audiotapes and videotapes, may be made of the Program.

All property rights in the material presented, including common law copyright, are expressly reserved to the presenter or speaker or to the IBRA.

IBRA is not responsible for expenses incurred by an individual who is not confirmed and for whom space is not available. Costs incurred by the registrant, such as airline or hotel fees or penalties, are the responsibility of the registrant.

I hereby certify that I am correctly vaccinated against the current diseases which could be transmitted during the dissection workshops. I also certify that my personal insurance company will take in charge the possible injuries and complications that may occur during the dissection workshops. I relieve the organizers from their responsibility concerning any injury and complication that may occur during the workshops.

By registering for the Program, you consent to the conditions of participation set forth above.

**IBRA** is a financially independent, internationally oriented non-profit organization, for specialized clinicians and research scientists. IBRA's core activity is the future-oriented advancement of bone-tissue research and management focusing particularly on:

- Bone biology, including osteointegration, bone generation and soft tissue reaction
- Maxillofacial and orthopaedic rehabilitation
- Materials research including hardware development
- Biomechanics
- Tissue engineering
- Surgical procedures & clinical management

IBRA encourages the development of innovative solutions in a friendly, loyal atmosphere. Future-oriented open-mindedness and international acceptance form the basis for first-rate assistance in realizing modern research projects and promoting individual careers. As an international forum reaching across geographic and cultural borders, IBRA offers an up-to-date network for the exchange of experience and knowledge in applied bone and tissue research.

#### **History**

IBRA was founded in Zurich, Switzerland on September 25, 2004 at the initiative of eighteen forward-looking clinicians. Its primary aims are the exchange of professional knowledge, promotion of new scientific developments, engineering of the musculoskeletal system, coordinated multi-centre research and highly specialized advanced training.

#### **Research Support**

IBRA offers financial support for research projects dealing with bone biology and the improvement or development of internal fixation devices for maxillofacial and limbs surgery. With the emphasis on innovation and suitability for practical application, 95% of the research budget goes towards applied research and clinical studies and 5% towards basic research.

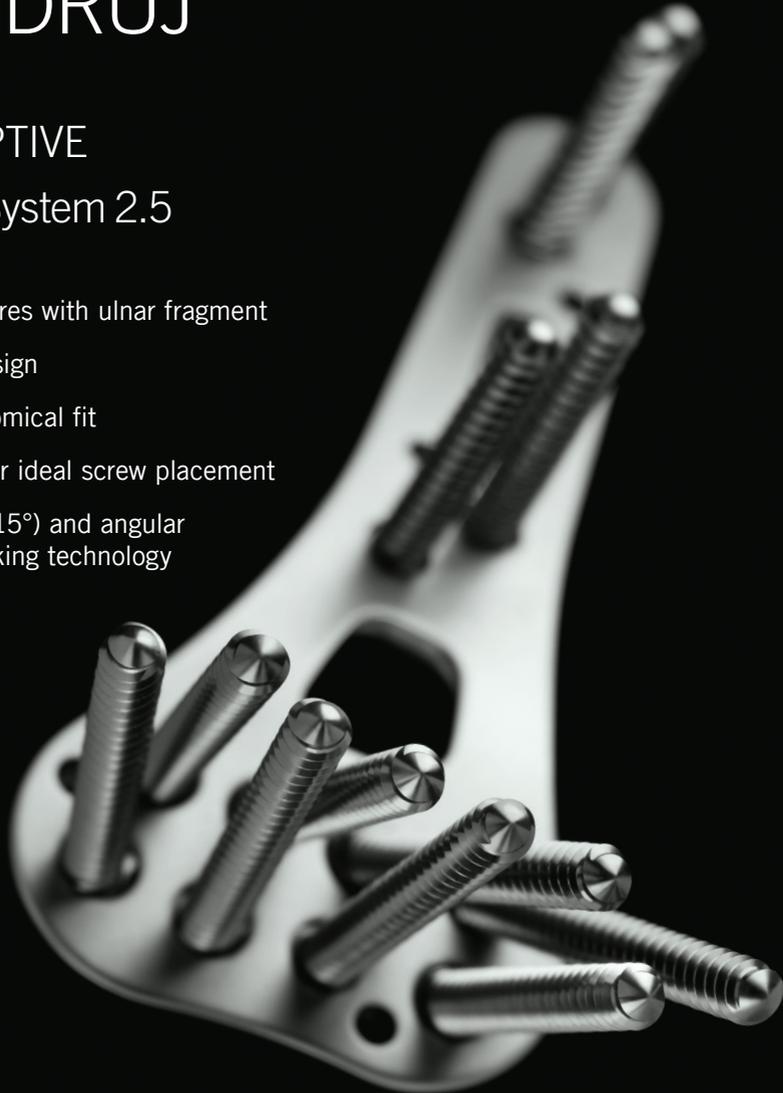
#### **Education**

IBRA's education area offers clinicians special courses on the application of specific methods of treatment. IBRA's particular concern is to train tomorrow's highly qualified research scientists. IBRA enhances its members' qualifications through a scholarship program.

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